



Lesson Plan Template



Length of lesson: 3 hours

Materials needed: SUPERHERO PLAYBOOK, Hero Worksheet, folder, pencil, blank paper

Students Will Be Able To

- *Understand values and traits*
- *Apply superhero values in their daily life*
- *Identify the values that are most important to them*
- *Create their own hero that embodies these values*

Welcome

- Greet students and do introductions
 - Who is their favorite superhero
- Review the agenda for the day
- Review their goals

Time: 5 min

Activity 1: The Traits of Superheroes

Time: 55 min

Randall

Question: What are character traits? (Write 5)

1 minute

Question: What are values? (Write 5)

1 minute

Now we are going to explore the traits and values of superheroes.

Adam

Captain Marvel: Perseverance

- Read out loud p. 51 through 53
- Writing prompt: Write about a time when they persevered.
- Share out

15 min

5 min

3 min

5 min

Randall

Green Lantern Corps: Creativity

- Read out loud p.69-70
- Writing prompt: Write/draw what your construct would look like

15 min

3 min

- Read p 71-72

- Writing prompt: Write about a time when you were afraid

5 min

- Refer to p 73 "Creative Workouts": Sometimes, to free ourselves from worries, we have to unlearn old habits. Like spelling! And punctuation! And grammar and whatever who's looking or asking you know?

- For the next 5 minutes, we're going to write stream of consciousness. Pencils moving forward, never backwards. No erasing, no cross-outs. It's called an exercise because it's HARD. So – take 10 deep breaths together and...write.

5 min

Adam

Teen Titans: Friendship/Trust

20 min

- Read aloud p 45 -49 10 min
- Writing prompt: Exquisite corpse #1. Each student writes 2-3 lines, poetry or prose, without looking at the previous lines. 5 min
- Writing prompt: Exquisite corpse #2. Each student writes 2-3 lines, poetry or prose, getting to look at the previous lines. 5 min

BREAK

Time: 5 min

Randall

Black Panther: Constructive Criticism

Time: 15 min

Read aloud p 15 – 17 5 min

Writing prompt: Write about a time when you learned something from a person you didn't like. 5 min

Discuss how to provide feedback on each other's creative work, i.e. the positive sandwich. 5 min

*******NOW WE'RE GOING TO CREATE OUR OWN HEROES*******

Adam and Randall float around room to work individually with students

- **Worksheet 1: List traits** Time: 5 min
- **Worksheet 2: World building** Time: 15 min
- **Worksheet 3: Draw your hero** Time: 5 min
- **Worksheet 4: Write your origin story** Time: 15 min

Workshop! Share your story.

Time: 20 min

- Practice our Constructive Criticism/Positive Sandwich as you share out
- Take notes on the feedback you receive

Writer's choice: revise based on feedback, or keep building your story.

Time: 20 min

Adam and Randall

Wrap up: Creative Habits

Time: 10 min

Randall

- Read p 22
- Discuss creating a routine for your creativity

Adam

- List: where can you “Learn from the best” (i.e. libraries, blogs, friends)
- Set small goals to achieve big goal (i.e. write a full comic book might become 1) outline story, 2) break down panels, 3) write first draft, 4) share with trusted readers, 5) revise)

Repeat pledge to our inner superhero:

I pledge to value creativity in all parts of my life. I will creatively solve problems, persevere when I am not feeling creative, and build trusting relationships that allow me to become my own best hero.

Complete post-surveys

Time: 5 min



Your Own Superhero!



Create your own superhero!

Character traits and values

Physical traits

Powers/abilities

Back story (before they became a hero)

Story of how they got their powers



World Building



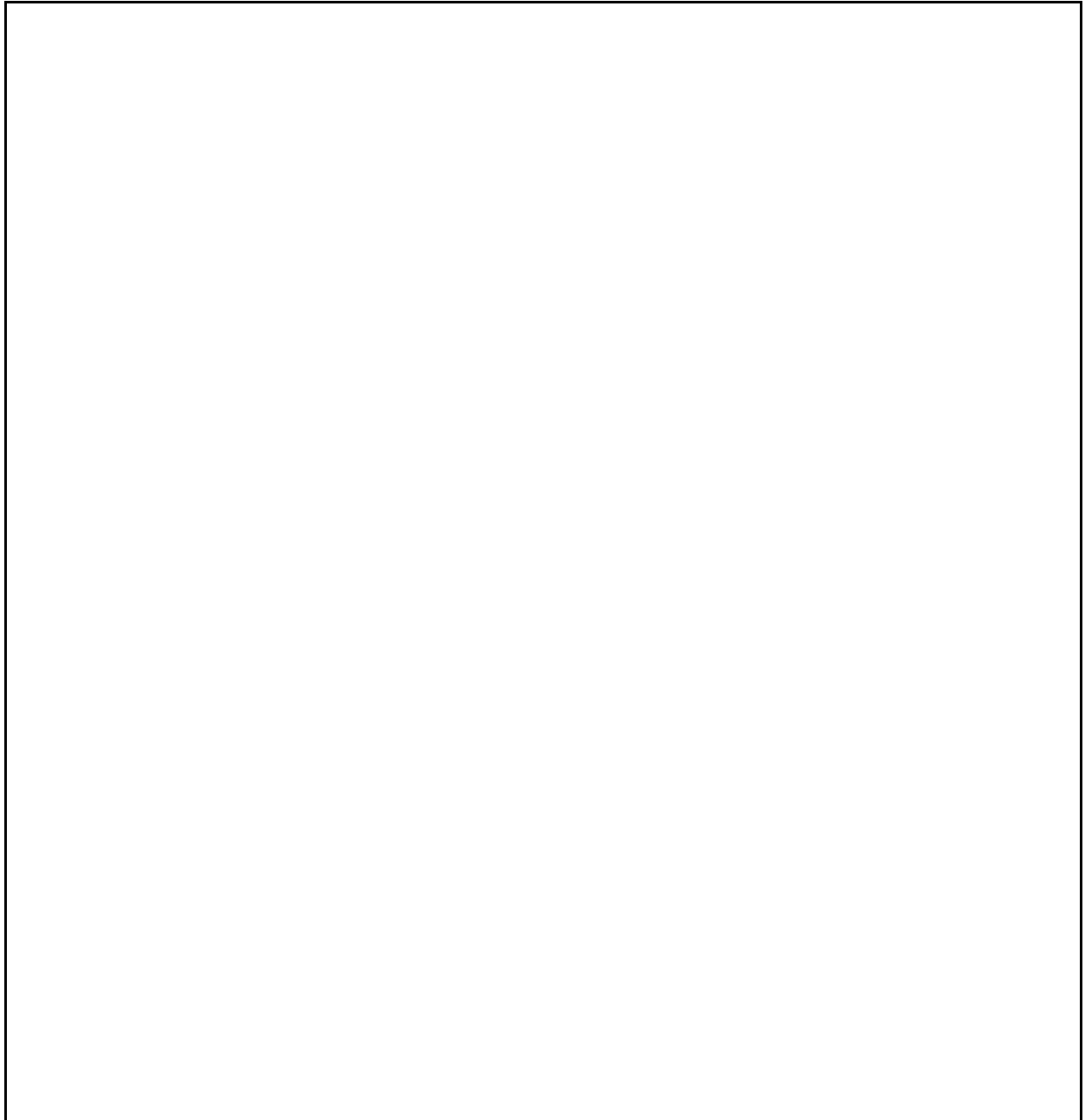
Where does your hero live? In Brooklyn? On another planet?

Is he/she/they an adult? A child? A teenager?

Do they work alone or as part of a duo or team?



Draw Your Hero!





The Origin Story

Now that you've gotten started, write out your hero's origin story: how they got their powers and became a hero.

